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# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 Pizza - Green Salad - Fruit Snack - Milk	2
3	4 <b>SCHOOL CLOSED</b>	5 Spaghetti Bolognesa - Roll - Carrots - Fresh Fruit - Milk	6 Chicken Nuggets - Roll - Mashed Potatoes - Fresh Fruit - Milk	7 Arroz con Pollo - Green Beans - Fresh Fruit - Milk	8 Mac & Cheese - Salad - Fruit - Milk	9
10	11 Hamburger - WW Bun - BBQ Lentils - Fresh Fruit - Milk	12 Beefaroni - Dinner Roll - Carrots - Fresh Fruit - Milk	13 Roasted Pork - Moro Rice - Plantains - Fresh Fruit - Milk	14 Taco Thursday: Taco Bowl: Ground Beef, WG Rice, Black Beans - Fresh	15 Pizza - Green Salad - Fruit Snack - Milk	16
17	18 Chicken Patties - WG Rice - Lentils - Fresh Fruit - Milk	19 Baked Pasta Casserole - Dinner Roll - Carrots - Fresh Fruit - Milk	20 Picadillo with Roasted Potatoes - WG Rice - Plantains - Fresh	21 Arroz Campesino - Mixed Vegetables - Fresh Fruit - Milk	22 Mac & Cheese - Salad - Fruit - Milk	23
24	25 Salisbury Steak - WG Rice - Lentils - Fresh Fruit - Milk	26 Meatball - WG Rice - Carrots - Fresh Fruit - Milk	27 Roasted Chicken - WG Rice - Mixed Vegetables - Fresh Fruit - Milk	28 Arroz con Pollo - Green Beans - Fresh Fruit - Milk	29 Pizza - Green Salad - Fruit Snack - Milk	30
1	2	Notes Skim Milk 1% & Flavored Milk 1%				